

Community Health M.O.T.

SERVING OUR COMMUNITY THROUGH WHOLE-PERSON HEALTH

SALFORD SEVENTH-DAY ADVENTIST CHURCH

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Healthcare professionals and volunteers from Salford Seventh-day Adventist Church united to serve the Greater Manchester community through free health screening and health education.

Salford SDA Church Opens Its Doors for Free Community Health Day

A weekend of wellbeing, welcome and whole-person health in Greater Manchester

SALFORD, Greater Manchester — On Sunday, 21 June 2026, Salford Seventh-day Adventist Church transformed its premises into a vibrant community health hub, welcoming local residents to a free Community Health M.O.T. that combined preventative healthcare, medical expertise and Christian hospitality.

More than 40 adults attended the event (excluding children), taking advantage of free health assessments delivered by qualified healthcare professionals alongside dedicated church volunteers. Throughout the day:

- 30 health checks were completed
- 21 doctor consultations were provided
- Dozens received personalised health advice

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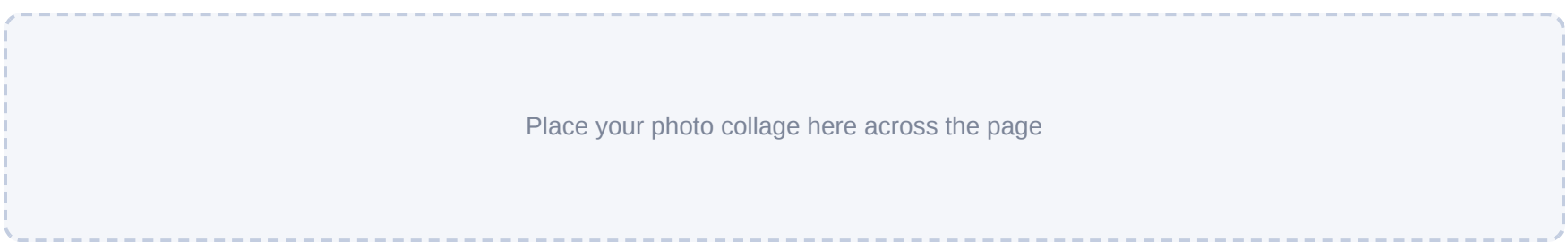
- 30+ health checks were completed
- 21+ doctor consultations were provided
- Some received personalised health advice
- Families enjoyed children's activities and refreshments

The event reflected the church's commitment to improving physical, mental, social and spiritual wellbeing within the local community.

40+	30+	21+	FREE
ADULTS ATTENDED	HEALTH CHECKS COMPLETED	DOCTOR CONSULTATIONS	COMMUNITY HEALTH SERVICE

COMMUNITY IN ACTION

A Day of Care, Trust and Connection



- ✓ Community members were invited to participate through local outreach and personal invitations.
- ✓ Children enjoyed fun educational activities while families attended health screenings.
- ✓ Healthcare professionals offered personalised advice and medical consultations.
- ✓ Meaningful conversations created opportunities to build trust and strengthen community relationships.
- ✓ Volunteers provided health education and practical lifestyle guidance throughout the day.

MOMENTS WORTH SHARING

Small Stories From the Day

FAMILY COMFORT

The bouncy castle gave families the comfort and freedom to come through and take part in the Health Expo, giving children something fun to do while parents focused on their health checks.

CHURCH SPACE

Children enjoyed exploring and playing within the church space, helping the building feel like a warm, welcoming place for the whole family, not just the adults attending appointments.

PRACTICAL SUPPORT

A man who had sprained his leg came through the doors and was happy with the support and care he received from the doctors on the day.

A PERSISTENT LITTLE VISITOR

One child spotted the bouncy castle and kept encouraging her mum to come along, but fell asleep before they could make it. The moment she woke, she shouted, "Jumping castle! Jump castle!" Her mother finally brought her along — and ended up taking part in the Health Expo herself, turning her child's playtime into an opportunity for her own health and wellbeing.

VOICES OF THE DAY

What Visitors Told Us

♥ Health Insights

I never thought I was overweight. I go to the gym. I was surprised when the data showed that my body mass index was not in the healthy range. That really stood out for me.

I was given a recommended peak flow score for my age. My result was higher than that, so I thought I was doing something right. I found it very useful and positive.

♥ Community Impact

Help for society... good for community.

There is a lot of peace in this place. I have not felt like this for a long time.

♥ Looking Ahead

I enjoyed the health check day. I plan to visit the church next Saturday.

CLOSING STORY

Beyond the statistics, the Community Health M.O.T. demonstrated the power of compassionate service. Volunteers, healthcare professionals and church members worked together to create a welcoming environment where visitors could receive practical health advice, ask questions and experience genuine care.

The completion of 30 health assessments, 21 medical consultations and the attendance of more than 40 adults highlight the growing need for accessible, community-based preventative healthcare initiatives.

For Salford Seventh-day Adventist Church, the event reflected the Adventist commitment to whole-person health — supporting physical, mental, social and spiritual wellbeing while building stronger relationships within the local community.